



Friendship Heights
Village Center



Calendar
of Events 2007

MAY							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<div>1</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates</div>	<div>2</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Jim Vandelly</div>	<div>3</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Volver</div>	<div>4</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>5</div> <div>8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs</div>	
	<div>6</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</div>	<div>7</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7 p.m.: Café Muse</div>	<div>8</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates</div>	<div>9</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Balance 1 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Seager and Sison</div>	<div>10</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: Saidiya Hartman: Lose Your Mother</div>	<div>11</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>12</div> <div>8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs</div>
	<div>13</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>14</div> <div>7 a.m. to 8 p.m.: COUNCIL ELECTION 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting</div>	<div>15</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 12:30 p.m.: Low Vision Lunch and Learn 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates</div>	<div>16</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Kinor Dancers</div>	<div>17</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: Andrea Mitchell</div>	<div>18</div> <div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div>	<div>19</div> <div>8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs 12 p.m.: Landon Symphonette</div>
	<div>20</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>21</div> <div>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Resistance Training 12:45 p.m.: Flexible Stretch and Strength 1 p.m.: Bridge Group 2:30: Drawing and Painting 7:30 p.m.: Yoga 7:30 P.M.: COUNCIL SWEARING-IN and MEETING</div>	<div>22</div> <div>7:30 a.m.: Depart for Cape May 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates</div>	<div>23</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Emery Davis Trio</div>	<div>24</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Casino Royale</div>	<div>25</div> <div>10:30 a.m.: Coffee and Current Events 11 a.m.: William Bodde, Jr. : 1918-1945 The Roots Of The Cold War 1 p.m.: Bridge Group</div>	<div>26</div> <div>8:15 a.m.: Walking Club 9 a.m.: – 1 p.m.: Twin Springs</div>
	<div>27</div> <div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>28</div> <div>Memorial Day Center open 9 a.m. to 2 p.m. 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi </div>	<div>29</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: SKIP 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 7 p.m.: Mat Pilates</div>	<div>30</div> <div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Art with Joan 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 7:30 p.m.: Concert: Erick Ovette: Tribute to Nat King Cole</div>	<div>31</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Last King of Scotland 7:15 p.m.: Depart for Strathmore</div>		

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:30 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

No MVA bus in June!

If you need your license renewed or to return tags or any of the other services the Mobile MVA provides before the end of June, make sure to come Monday, May 21, between 10 a.m. and 2 p.m. The bus will not be here in June, but it will return in July.